

SSRI SPECIFICATION SHEET

The following items must be submitted:

1. A written statement from you and in your own words describing your history of antidepressant usage and mental health status.
2. Medical/treatment records related to your history of antidepressant usage from the date you began treatment to the present.
3. A current detailed evaluation report from your treating/prescribing physician attesting to and describing your diagnoses, the length and course of treatment, the dosage of the antidepressant medication taken, and the presence of any side effects experienced from the antidepressant you currently take and/or that you have taken in the past.
4. If your treating physician is not a board certified psychiatrist, a current detailed evaluation by a board certified psychiatrist regarding your psychiatric and behavioral status is required. The psychiatrist must document that he/she has reviewed your personal written statement, all of your treatment/medical records, and the current evaluation by your treating/prescribing physician.
5. A neuropsychologist's report with the report of the results of a **CogScreen - Aeromedical Edition (AE)** neurocognitive psychological test including a copy of the test computer score reports. For more information on the specifications, see [Depression Treated with SSRI Medications](#).
6. If you have held a first- or second-class airman medical certificate and have flown for a commercial carrier within the last 2 years, obtain a letter from airline management (Chief Pilot or designee) attesting to your competence, crew interaction and mood (if available).
7. A detailed evaluation by your HIMS AME. The evaluation must address the following:
 - A statement verifying he/she has reviewed the above documents.
 - A current psychiatric status of the applicant.
 - A comment regarding a recommendation for a Special Issuance medical certificate.
 - The HIMS AME must include a statement agreeing to serve as your independent medical sponsor.